

MINISTER: Rev Al Lowe 07478 670953
CHURCH MOBILE for room bookings etc: 07895 711323
(leave message/text and we'll get back to you)

MONTHLY NOTICES (& weekly if/when required):
Brenda Noone bn.torp@gmail.com



LOOP SYSTEM INSTALLED FOR HARD OF HEARING

Website: <http://penncirrus.co.uk/Cornerstone/index.htm>

[Torpoint URC/Methodist Church | Facebook](#)

Cornerstone Church, Fore Street, Torpoint, Cornwall, PL11 2AB.



Cornerstone Church - Torpoint NEWSLETTER



DECEMBER 2024



Performing Arts Mission Diary Dates 2024

Immersion – Immersive Dome & Conversation

3rd Tuesday of the month, 7-9pm, Devonport Market Hall (PL1 4PS)

We gather a community of people who want to experience the arts at a deeper level, inspiring a connection of 'wonder,' followed by a 'spiritual conversation'.

Monthly gatherings at Market Hall – free film / buy your own coffee.

Ad-hoc events, as suggested by members – self-funded.

(Parking: plenty of parking on roadside)

For more information: follow PAM on Facebook / 07478 670953

BABE IN THE MANGER

12TH, 13TH, 14TH DECEMBER

7.30p.m. Saturday matinee 2.30p.m.

PENNYCROSS METHODIST CHURCH

BOX OFFICE OPEN

MONDAY – SATURDAY

CONTACT

EMAIL [Preferred] office@pdmcircuit.org.uk

Phone [ansaphone] 01752 551514

PLEASE LEAVE A MESSAGE WITH YOUR NAME & PHONE NUMBER & TICKETS REQUIRED for which performance

PAYMENT – CASH ON THE DAY, PLEASE

£10 adults: £5.00 children under 16

Emails and phone calls will be answered asap



ANSWERS FROM LAST MONTH'S QUIZ

- 1 What was the name of Stacey's best friend in the TV series 'Gavin and Stacey'? *Nessa*
- 2 What is a seven-part ensemble called? *Septet*
- 3 Grave, acute and circumflex are examples of what? *Accents*
- 4 What is the main ingredient of tahini? *Sesame seeds*
- 5 Which river flows through Worcester? *Severn*
- 6 Who had a hit in 1978 with 'Copacabana'? *Barry Manilow*
- 7 Scottish warlord Robert MacGregor had what nickname? *Roy Roy*
- 8 Which meringue-based dessert was named after a Russian ballerina? *Pavlova*
- 9 What category of road signs are triangular with a red border? *Warning signs*
- 10 In song, what do you pack up in your old kit bag? *Troubles*
- 11 What term is used for an American pharmacy dispenser? *Druggist*
- 12 In which county is Leamington Spa? *Warwickshire*
- 13 Which Scottish city gives its name to a variety of fruit cake? *Dundee*
- 14 Wookey Hole in Somerset is famous for what natural features? *Caves*
- 15 Which 2003 Christmas comedy starred Will Ferrell? *Elf*
- 16 What term is given to the use of needles to relieve pain? *Acupuncture*
- 17 What is the young of the eel called? *Elver*
- 18 The single postcode letter B is used for which English city? *Birmingham*
- 19 Who wrote 'A Room with a View' (1908)? *E M Forster*
- 20 For what is London's Billingsgate Market famous? *Fish*



PATHFINDER PROJECT
Benefit Entitlement Check
Confidentiality Assured



Benefit Entitlement Checks are available three days a week at the Foodbank distribution centre in the Old Rowing Club. A quiet area is set aside for confidential enquiries, where trained staff will help you in a discreet manner.
 (Full income details will be required for all household members.)

URGENTLY NEEDED FOOD & OTHER ITEMS: (as at 22 November)

- **CHRISTMAS BISCUITS & CHOCOLATE**
- **CHRISTMAS CAKE**
- **MEN'S SHAMPOO**
- **CHRISTMAS PUDDING**
- **DRY CAT FOOD**
- **FRUIT JUICE—LONG LIFE**
- **MINCE PIES**
- **RICE 500G**
- **TEA/COFFEE**
- **TINNED CARROTS/TINNED MUSHROOMS**
- **TINNED FISH & TINNED SALMON**
- **TINNED MUSHROOMS/TINNED SWEETCORN**



WE'VE GOT PLENTY OF:

- **CHICKPEAS, CANNELLINI, KIDNEY, BAKED & BUTTERBEANS.**
- **GRAVY GRANULES**
- **TENA STYLE PADS AND BARS OF SOAP**

THANK YOU / BN

ALSO NEEDED (FOR COOKING PACKS): MIXED HERBS, CURRY POWDER, CHILLI POWDER, GARLIC GRANULES & PLAIN FLOUR.

Food is distributed from the ground floor of the Old Rowing Club. Sessions are from 09.30-12.30 on Mondays, Wednesdays & Fridays.

Anyone wishing to volunteer would be most welcome and should pop into one of the sessions for further information.

DONATIONS OF FOOD CAN BE MADE AT THE CO-OP OR SAINSBURY'S.

LETTER FROM THE MINISTER



Hi

Rehearsals are well under way for the Nativity Panto, "Babe in a Manger", and there is a real sense of excitement in the cast as it comes together. Maybe you too remember the excitement of going to a panto when you were younger, or preparing for Christmas, not quite knowing what presents you might be receiving. Advent is that time when we are preparing for Christmas, and I wonder if you still have a glimpse of that excitement. It is that excitement which is infectious about our faith, and it forms the basis of our evangelism. We feel excited and so others catch hold of that emotion and can't help but pass it on.

But Advent is also preparation, preparation for change. In preparing for the birth of the Christ-child, we are preparing for the biggest change in world history, Immanuel, God with us. Change can be challenging and disruptive, but only God stays the same. As our society is changing so our church needs to change, to adapt to its new situation. There is a word which is being used more often these days, 'sustainability', usually used in terms of the environment, but often to sustaining businesses. It is asking the question; can things carry on going into the future the way things are today? We can ask the same question of our church and our circuit, and my sense is that our churches cannot keep going the way we have always been doing things. Some things need to change.

I'm just wondering when we think about hubs and churches, what is the next thing which needs to change. Maybe we can reflect on this during this period of Advent and welcome the changes in, as we welcome the birth of Jesus into our world, a world-changing event.

Blessings

Al



NOTICES FROM SANDRA:



DON'T BE



THIS CHRISTMAS

Home Alone Christmas Day Lunch

Volunteers are needed on the day and to prep veg the day before, so please see Sandra if you can help.

TO RESERVE YOUR SEAT—or volunteer your help for part/all of the time serving, clearing, musically, transport etc -

PLEASE PHONE Mike on 07902 701144

House Group – Meeting at Stoke Through December

Bible Study at Stoke Christian Centre

Thursday 5th & 12th December

from 10.30 – 11.45am

Starting with tea/coffee and chat

We are looking at Revelation with the Rev Edgar Daniel

DECEMBER—SUNDAY SERVICES (10.30am unless otherwise stated) AND DUTY HELPERS

DATE	PREACHER	WELCOMER	VESTRY	OPENING PRAYER
1st	Mark Pellow	Margaret Harrison	Eve Oates	EO
8th	Deniz Carey	Lynn Rundle	Sandra Pratt	SP
15th	John Ware	Ann Dean	Chris Cross	June Stockton
22nd	Rev John Mills (Holy Communion)	Marie Luscombe	Brenda Noone	BN
24th	Rev Al Lowe—4pm	TBA		
25th	Brenda & Liz	TBA		BN
29th	At Stoke Church	-	-	-



Quiz sheets will be available from 14th December at Tommy Carp Coffee Morning

This year's theme is 'Fun & Games'

HOUSE GROUP



House Group Dates for December when we will join friends at Stoke

Thursday 5th December 10.30am at Stoke Christian Centre
Thursday 12th December 10.30am at Stoke Christian Centre

DUTY LISTS

As with all the duty rosters, if any date is inconvenient please arrange your own swap. Thank you / BN

FLOWER ROTA - DECEMBER	
1st	<i>Vacant</i>
8th	Betty Begbie
15th	<i>Vacant</i>
22nd	Brenda Noone



PLEASE see Marie if you would like to make a donation towards the flowers displayed in church.

SUNDAY COFFEE ROTA - DECEMBER	
1st	June Stockton & Paulene Smith
8th	Jan Hall & Paulene Smith
15th	June Stockton & Jan Hall
22nd	June Stockton & Paulene Smith



As you can see, we are down to the same people helping every week, so please speak to June Stockton if you can help with teas/ coffees/washing up. Even the odd occasion will be much appreciated by June, Jan & Paulene.
Thank you



Joy to the World!

CALLING ALL SINGERS

Saturday 21st December

11.00 to 12.00 outside Sainsbury's

Carol singing to bring the Christmas message to shoppers.
Please come along and sing.

SUNDAY SERVICES

Sunday 22nd December

United service at Cornerstone at 10.30

Our friends from Stoke are joining us

Sunday 29th December

United service at Stoke Christian Centre at 10.30

- ✚ Worship led by the Rev Edgar Daniel
- ✚ **Those who need a lift please see Sandra**
- ✚ Those who can offer a lift to others please see Sandra
- ✚ (NB No service at Cornerstone on this day)

Thank you, Sandra

St James Church, Maryfield & Sheviock
Christmas Services

1st - 10.00 - St. James' - Breakfast Church
8th - 10.00 - St. James' - Morning Worship
8th - 18.00 - St. James' - Town Carol Service
15th - 10.00 - Maryfield - Carol Service
15th - 15.30 - St. James' - Christingle
22nd - 10.00 - St. James' - Holy Communion
24th - 10.00 - Maryfield - Nativity Service
24th - 23.30 - St. James' - Midnight Communion
29th - 10.00 - Sheviock - Team Holy Communion

Cornerstone Church
Christmas Services

1st - 10.30 Morning Worship & Junior Church
8th - 10.30 Morning Worship & Junior Church
15th - 10.30 Morning Worship & Junior Church
22nd - 10.30 Holy Communion & Junior Church
24th - 16.00pm Carols by Candlelight
25th - 10.30 Family Service
29th - 10.30 United service at Stoke Christian Centre.

St Joan of Arc

Mass each Saturday at 16:30
Christmas Eve - Mass 15:00pm



- 1 Which French term means in a group or altogether?
- 2 Which Welsh resort lies between Prestatyn & Colwyn Bay?
- 3 Collectively, what term applies to geese on land?
- 4 Rolling in the Deep was a 2010 hit for which singer?
- 5 What is the name of the volcano which is the highest point of Japan?
- 6 What ingredients give Quiche Lorraine its flavour?
- 7 Which animated character lives on Mossy Bottom Farm?
- 8 In 1909 Louis Bleriot became the first person to fly over which body of water?
- 9 What is the capital city of Lebanon?
- 10 What is the focal point of an earthquake?
- 11 Which is Indian's most sacred river?
- 12 Campanology is more commonly known by what name?
- 13 Which actor starred alongside Paul McGann in the film With-nail and I?
- 14 What is fermented to make the Japanese drink sake?
- 15 Every Breath you Take was a chart-topper for The Police in which year?
- 16 Which wide=angled lens used in photography has a curved front?
- 17 In linguistics what name is given to a describing word?
- 18 Which fortified wine takes its name from the Spanish town of Jerez?
- 19 Vince Clarke and Andy Bell formed which pop duo?
- 20 Which golfer won the Masters in 2017?



COFFEE MORNING
9.30-11.30
7th December 2024



IN AID OF
TORPOINT LADY SINGERS

Please support the choir.



COFFEE MORNINGS
9.30-11.30



14th December for Tommy Carp
with Torpoint Ukulele Band

21st December
with Christmas songs from Betty on the piano.
And 28th December
IN AID OF CORNERSTONE CHURCH FUNDS

Any help/donations/cakes/raffle prizes would be very welcome but most of all we hope to see you there.
 Thank You



STREET PRAYERS



December's streets for our prayer leaflet deliveries are Davy Close & Kingsley Avenue.

Please remember the people there in your prayers.

Thank you / Chris & Lynn



Finance

	OFFERTORY	BENEVOLENT FUND	SUNDAY & TUESDAY COFFEES
October 27th	£111.00		£8.60
November 4th	£463.00		£11.20
November 10th	£98.00	£3.00	£2.00
November 17th	£210.00		£7.00

OTHER FINANCE:

This month's Coffee Mornings have raised £103.60, £114.70 and £99.25. Thank you for your support.

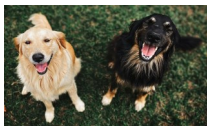
We have Carbeile School visiting us on Sat. 30th Nov for their Nativity at 3 p.m. and we will need two door stewards that afternoon please. Can you help? Cornerstone folk do not need a ticket. There is room for you.

The next Concert is the Ferryboat Entertainers on Dec. 5th at 7.30 p.m. Usually June and Jenny oversee helpers to sell Raffle Tickets, and also to provide cups of Tea and Coffee during the interval. Neither is available this time.

CAN YOU PLEASE HELP?

Please come and volunteer and let Liz know if you can help that evening. The Concert is free but proceeds from the Raffle are for Cornerstone Funds. Thank you

Many Thanks / *Liz*



An Eskimo fisherman came to town every Saturday afternoon. He always brought two dogs with him. One was white and the other was black. He had taught them to fight on command. Every Saturday afternoon in the town square the people would gather and these two dogs would fight and the fisherman would take bets. One Saturday the black dog would win, another Saturday the white dog would win—but the fisherman always won! His friends began to ask him how he did it. He said, “I starve one and feed the other. The one I feed always wins because he is stronger.”

Thank you, Jan, for this little *Watchman Nee* story which reminds us that being fed as Christians, be it in worship and fellowship together or in studying our bibles, is so essential.



ST JAMES' CHRISTMAS TREE FESTIVAL

DECEMBER 11th, 12th, 13th & 18th, 19th, 20th
open 3.30-6.00pm.

Entrance £1 for adults—free for children.

This year's theme is Angels. A tree can be decorated with angels. Or try making a free-standing angel.
Open to all, individuals and organisations.

To enter please contact:
Janekent59@yahoo.co.uk

It was lovely to be able to share the magazine article with many of you, about the CAP work I am doing (with your help and support) and the reality of rural poverty, in our benefice. Unfortunately, those who receive the 'Waymaker' newsletter didn't receive the pictures that went with the article. I would love to share the full article with you. If you would like to be emailed this, please contact me (see below) and I will gladly send this to you.

I will soon be visiting all of the churches in the Rame and Rivers Benefice checking the posters, leaflets and postcards. As you can appreciate this takes some time (and miles) and not all churches will be open when I visit. I would very much appreciate any messages of leaflets needing topping up as this arises. If you know anyone that could benefit from some help with their debts please give them one of the leaflets from the churches or give them the freephone number for head office (to discuss/make an appointment). This is **0800 328 0006**.

Recently, my Debt Coach colleagues met with Rev. Mark Wade, the new vicar at St Martin's, Liskeard (where the debt centre is run from) and we were asked to share a low and high point from the work we do. My high point was to be able to share about Alfie with you, who continues to be debt-free and going deeper in his faith, and also the reaction that some of my clients have to being offered and receiving prayer for the first time. The low point has had to be accepting that I can't help all clients out of debt. Sometimes, it is just not the right time for them to take on this (often challenging) process. I have to offer it up to God. My manager has often reminded me that we don't know the end of the story, but God does. One of the main reasons that Mark applied for the position was due to the fact that he and his family secretly visited the church during our CAP Sunday back in February and he loved what we shared about what we do! He has a heart for social ministry.

I enjoyed sharing with Cornerstone Church, Torpoint in August about the work that I do here. They were very supportive and welcoming and my very first school teacher was there, which was lovely.

I shared with those at the benefice safeguarding service on Sunday 27th October, a few days before a couple from St Martin's Church, Liskeard had offered their 'old, reliable' car to any of our clients that could benefit, for free. I got straight on to a family in our area that I knew would benefit from this and have liaised between all parties. They are so grateful for this kind gesture and will be collecting it next week. This will help with the school run and the family being able to access cheaper groceries. I just LOVE this – the relationships and networks that are being built to help the more vulnerable in our local community. As I shared, this is Jesus in action going where He is needed in our special part of Cornwall.

Finally, I wish you all a wonderful Advent, Christmas and New Year.

God Bless, Melissa

melissapurchall@capuk.org
07810 366 381

Christians Against Poverty Update – Winter 2024

Dear Church Family,

I want to share this last update for 2024 as we hurtle towards Christmas, with plans for a CAP Christmas party and hampers for clients going on in the background. In September, one year after visiting my first client, I passed the final assessment of my training to be a CAP Debt Coach (we will constantly have reviews and updates, but the initial training is now complete). My final assessment was a recorded 'budget/route out of debt advice visit' and it felt great to be 'properly passed out' after months of on-the-job training.

To date, I have had 19 different cases, with new clients to visit in Millbrook and Cawsand over the next few weeks. With those 19 cases there have been a total of 35 people living in those households – 35 people who may have experienced something of Jesus' compassion through the Church for the first time.

One of my clients has attended a new fortnightly group that has started at St Martin's Church, Liskeard. It's a group for women 'offering support, kindness, friendship, faith and wellbeing', based on Proverbs 31:25 – 'Strength and dignity are her clothing, and she laughs at the time to come'. I am hoping that more of my clients will be able to join this group – geography and rural transport are an issue, but I will try to help with that when appointments allow. This group (SOAR for Women) came out of the success (and spread across Cornwall!) of the SOAR for Men group which is being led by a former CAP client. Many who attend this group have started to attend church regularly in Liskeard. My prayer is that one day we may have the resources for this in our benefice. I helped organise a Cost-of-Living event at Torpoint Library and Community Hub where people could access advice and support from several organisations including CAP, National Energy Action, the Foodbank, Devonport Jobcentre, Age UK and Volunteer Cornwall. As well as being so valuable to those who came along looking for advice, it was great to 'network' with these organisations as it all helps to work in collaboration with each other to provide the holistic, wrap-around support in this community that some of my clients need.

Together, with the local Social Prescriber and the Manager at Torpoint Library and Community Hub, we are forming a Torpoint Partnership Plan. With other organisations such as Torpoint Town Council, CHAT (Community Health Around Torpoint) and Kernow Health CIC, we will have our first meeting in November. We are aiming to bring together all the local/relevant organisations that would all benefit from knowing what each other does so we can signpost our clients more effectively. My clients rarely need ONLY debt advice – there are often so many different aspects to my clients' lives that need support.

I continue to be very grateful to my CAP prayer team, befrienders and Mum (for baking goods/picking flowers to take to clients). If anyone wants to be part of the team (perhaps you have something to offer) then please do contact me. This is a whole church ministry and you are all welcome to be part of it. No huge commitment needs to be made.

Cont'd / 13

Some Thoughts for December

1. You're only here for a short visit. Don't hurry; don't worry. And be sure to smell the flowers along the way. *Walter Hagen*
2. If you want something you never had, you have to do something you've never done. *Thomas Jefferson*
3. To see a world in a grain of sand
And a heaven in a wild flower,
Hold infinity in the palm of your hand
And eternity in an hour. *William Blake*
4. It's not what happens to you but how you react to it that matters. *Epictetus*
5. That which we are, we are;
One equal temper of heroic hearts,
Made weak by time and fate, but strong in will
To strive, to seek, to find, and not to yield. *Alfred, Lord Tennyson*
6. What I do today is important because I am exchanging a day of my life for it. *Anon.*
7. For all sad words of tongue and pen,
the saddest are these: "It might have been".
John Greenleaf Whittier
8. In the depths of winter, I finally learned there was in me an invincible summer. *Albert Camus*
9. What is Christmas?
It is tenderness for the past,
courage for the present,
hope for the future. *Agnes M. Pahro*
10. Never look back unless you're planning to go that way. *Henry David Thoreau*

CALENDAR REPRODUCED IN SEPARATE
DOCUMENT